# Declining Mortality (Increasing Longevity): At What Rate? 

# Steve Goss and Mark Bye <br> Office of the Chief Actuary Social Security Administration 

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## Perspective: "Aging" Not Mainly from Mortality

Aging (change in age distribution) mainly due to drop in birth rates


## Various Alternative Projection Approaches Using Data

- Extrapolating past trends:

1) Age setback (early method)
2) Mortality rate by age and sex (Lee/Carter)
3) Life expectancy at birth (Vaupel/Oeppen)
4) Mortality rate by trend all ages (2011 Technical Panel, CBO 2013-5)

- Or reflect changing conditions:

5) Improvement by cohort (UK CMI, SOA)
6) Mortality rate by age, sex, cause (OCACT/TR, 2015 Technical Panel)

## 2) Extrapolation by Age and Sex

- Example: Lee and Carter
$\bullet$ Fit the average trend of a selected period
-Future conditions must replicate the past-on average
- Age gradient never changes
- No deceleration in mortality decline


## Mortality Decline Varies Over Time

## Conditions: Antibiotics/economy 1936-54; Medicare/Medicaid 1968-82



Female Historical and Projected (2014 Trustees Report)

Male Historical and Projected (2014 Trustees Report)

## 3) Will Life Expectancy Rise Linearly? Vaupel/Oeppen 2002; Best Nations

- Requires accelerating rate of decline in mortality rates if retain age gradient
- LE most affected by lowest ages-only so much gain possible
- Most disagree
- Vallin/Meslé


Figure 2. Maximum female life expectancy at birth since 1750 but excluding Norway (until 1866) and New Zealand
Source: Vallin and Meslé 2008

## 4) Extrapolate All Ages the Same

- Ignores historical age gradient
- Result:
- Substantial bias for population age distribution
- Thus, large bias for cost as \% of payroll
- Less mortality decline at young ages raises cost
- More mortality decline at higher ages raises cost


## Appropriate Data: by Age Critical

 Age-gradient in past reduction is clear

Recent Historical Average Annual Rates of Reduction in Mortality 1982 to 2009


## 5) Extrapolation by Cohort

* U.K. (\& SOA-RPEC): "Phantoms never die" data issues
* Post-WW2 births: antibiotics young, statins later
* What does change up to age x say above age x?
$>$ Is cohort healthier at x if lower mortality up to x ?
$>$ Or is cohort compromised by impaired survivors?
$>$ What does one cohort imply for the next cohort?
* Period effects from known changes in conditions are stronger-especially in the U.S.


## 6) Projection by Age, Sex, Cause

- SSA/OCACT/Trustees Reports (2015 Technical Panel)
- Requires selecting ultimate rates of decline
- Allows change in age gradient
- Results in deceleration in mortality decline

Comparison of Historical, 2015 Trustees Report, and Ron Lee*
Average Annual Rates of Decline in Age-Sex-Adjusted Death Rates

| Historical (Dec 2015 data) |  |  | AGE | Ron Lee |  |  | 2015TR Intermediate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1982-99 | 1999-2009 | 2009-13 |  | 2011-39 | 2011-89 | 2039-89 | 2011-39 | 2011-89 | 2039-89 |
| 2.79 | 1.22 | 2.14 | 0-14 | 2.77 | 2.74 | 2.72 | 1.58 | 1.57 | 1.57 |
| 0.63 | 0.61 | 1.06 | 15-49 | 1.07 | 1.06 | 1.05 | 0.97 | 0.93 | 0.90 |
| 1.61 | 1.27 | 0.05 | 50-64 | 1.34 | 1.34 | 1.34 | 1.17 | 1.09 | 1.06 |
| 0.92 | 2.11 | 0.91 | 65-84 | 1.06 | 1.06 | 1.05 | 1.09 | 0.86 | 0.74 |
| -0.18 | 1.30 | -0.11 | 85+ | 0.65 | 0.64 | 0.63 | 0.64 | 0.53 | 0.48 |
| 0.51 | 1.78 | 0.48 | 65+ | 0.88 | 0.86 | 0.85 | 0.89 | 0.71 | 0.61 |
| 0.75 | 1.59 | 0.48 | Total | 0.99 | 0.96 | 0.94 | 0.95 | 0.80 | 0.71 |

* Fit 1950-2011, using Medicare-enrollment data for 65 and over, rather than HMD data

See Actuarial Note 158 https://www.ssa.gov/oact/NOTES/pdf_notes/note158.pdf

Age-adjusted Death Rates for Heart Disease, Cancer, Stroke, and Unintentional Injuries: United States, 1900-2015 (courtesy Robert Anderson, NCHS)


NOTE: Data prior to 1933 contain death-registration States only. Data for 2015 is provisional.

## Mortality Decline by Cause of Death:

Rate of change from 1979 to 2013


## Age-Sex Extrapolation vs. Age-Sex-Cause Projection

Lee maintaining full age-gradient offsets lack of deceleration Result: OASDI actuarial deficit unchanged using Lee estimates



## 2015 Technical Panel

- Endorsed projections by cause with age-gradient
- Suggested average age-adjusted 1\% annual rate of decline
- To match average rate since 1950, overall
- Understood this incorporated deceleration
- Chairperson Alicia Munnell, after TR 2016, said she was glad Trustees did not adopt the $1 \%$ rate of decline


## Mortality Improvement: Slow Since 2009

Trustees Reports have overestimated reduction lately


## Developing Assumptions by Cause

- Scientific approach reflecting biology
- Trustees and SSA/OCACT develop in consultation with other experts
- Johns Hopkins recent survey of medical researchers and clinicians came to very similar medium term expectations-independently
- Trustees’ medium-term rates by cause had not been published


## Cardiovascular: JHU Less Optimistic than Trustees over Age 50 for Next 30 Years




## Respiratory: JHU More Optimistic under Age 50, Less Optimistic over Age 85



## Cancer: JHU Very Similar to Trustees' Expectations



## How Future Conditions Might Change

-Smoking decline for women

- Started and stopped later than men
-Obesity—sedentary lifestyle
-Difference by income/earnings
-Health spending-must decelerate
- Advances help only if apply to all
- Human limits
- Increasing understanding of deceleration


## Trends in Obesity: US 1971-2006

Sam Preston 2010—must consider cumulative effects Increasing duration of obesity for aged in future


Death Rates Vary by Career Earnings Ranking Difference has increased

Female 65-69 Retired-Worker Relative Death Rates by AIME Quartile


## Does Health Spending Affect Mortality?

Note rise, at least through 2009

National Health Expenditures With and Without Medicare and Medicaid as a Percent of GDP


## Health Spending Cannot Continue to Rise at Historical Rates

Note Trustees' deceleration

Annual Percent Change in Medicare Cost per Beneficiary
Relative to GDP per Worker: 2015 TR


## Is There an Omega?

It appears we are rectangularizing the survival curve?


## Death Rates Will Continue to Decline: But How Fast and for Whom?

- Must understand past and future conditions
- Persistent historical "age gradient"
- Avoid simple extrapolation of past periods
» Cannot ignore changing conditions
- "Limits" on longevity due to physiology
- Latter half of $20^{\text {th }}$ century was extraordinary
» So deceleration seems likely
» Cause-specific rates allow basis for assumptions
- Results: in the 1982 TR, we projected LE65 in 2013 to be 19.0; actual was 19.1


## For More Information... http://www.ssa.gov/oact/

- Documentation of Trustees Report data \& assumptions https://www.ssa.gov/oact/TR/2016/2016_LongRange_Demographic_Assumptions.pdf
- Historical and projected mortality rates https://www.ssa.gov/oact/HistEst/DeathHome.html
- Annual Trustees Reports
https://www.ssa.gov/oact/TR/index.html

